

The Path to Potential

Worksheet #2

***Grab a pen and paper and spend a little time with each of these questions.
No wrong answers, just jot down the first thing that comes to mind!***

What are you passionate about? What is your purpose in life? If you're not sure yet, just guess!

Off the top, what are a few things that you'd like to see happen in the near future?

What are some of the things that need to happen for you to get closer to these goals?

What are some of the things you need to research and gather more information about?

Use the schedule worksheet to determine how much time you have to work toward your goals.

What are some simple, practical steps you can take to progress toward your passion?

What are the big things in your life that currently cannot be changed?

What are some of the things in your life that CAN be changed?

What is the biggest negative influence in your life?

What do you feel pessimistic or negative about?

What has the biggest positive impact on your life?

What do you feel optimistic or positive about?

When you think about your passion and purpose in life, how do you feel? What comes to mind?

What have you learned from the first few episodes of The Path to Potential?

What are you doing to build the life of your dreams? What did you do today?

What are some of the obstacles that are blocking your progress?

Commit yourself to making positive changes each and every day! What CAN you do? What WILL you do?